



# Helensburgh Public School Canteen Menu 2025



## HOMEMADE HOT MEALS (available everyday)

Fried Rice	\$5.60 E
Spaghetti Bolognaise	\$5.60 E
Butter Chicken	\$5.60 E
Macaroni Cheese	\$5.60 E
Totally Twisted Pasta	\$5.60 E

## HOT FOODS (available everyday)

Sumo Party Pie	\$2.50 .
Nuggets (5) <b>Only available Thursday</b>	\$5.00 .
Homemade Mini Quiche	\$2.00 E
Homemade Herb Bread	\$1.50 E
Garlic Bread (Good Tucker)	\$2.50 .
Cheese & Bacon Roll (Good Tucker)	\$2.50 .
Oz Bake Pizza Slab	\$5.50 .
Sauce (sachet)	\$0.50 E

## TOASTED JAFFLE (available everyday)

Say "Cheese"	\$3.00 E
Spaghetti	\$3.00 E
Baked Bean	\$3.00 E
Apple Pie (stewed apple & Cinnamon)	\$3.00 E
Cheese and Vegemite	\$3.50 E
Cheese and Tomato	\$4.00 E
Ham and Cheese	\$5.50 E
Chicken and Cheese	\$5.50 E

## SANDWICH/WRAP/ROLL (WM bread & rolls)

Buttered Roll	\$1.50 E
Vegemite /Honey/Jam	\$2.00 E
Cheese	\$3.00 E
Egg /Tuna	\$3.50 E
Ham/Chicken	\$4.50 E
Salad	\$4.50 E

Extra fillings: Lettuce, beetroot, carrot, cucumber, tomato, pineapple each	\$0.60 E
Salad (as extra filling)	\$2.00 E
Cheese	\$1.00 E

## TASTY WRAPS (available everyday)

<b>Cheesymite</b> – Cheese and vegemite	\$3.50 E
<b>Henny Penny</b> – Chicken, lettuce, mayo	\$5.50 E
<b>"Babe" wrap</b> – Ham, cheese, tomato	\$5.50 E
<b>Hungry Caterpillar</b> – Lettuce, carrot, tomato, cucumber, cheese	\$5.50 E

## SALAD BOXES (available everyday)

Mega Salad	\$7.00 E
Chicken or Ham Mega Salad	\$7.50 E
Egg Salad	\$7.50 E
Crunchy Noodle Salad	\$7.50 .
Chicken Crunchy Noodle Salad	\$8.50 .

E = Everyday option = Occasional option

## DAILY SPECIALS

**Monday Chargrilled Chicken Wrap** \$5.50 E  
Chicken breast w lettuce & mayo

**Tuesday Homemade Pizza**  
Bun, sauce, cheese \$4.00 E  
Add: ham / chicken \$1.00ea  
Pineapple, tomato  
Capsicum 60c ea

**Wednesday Chicken Burrito** \$5.50 E  
Toasted chicken, lettuce, tomato & cheese on a wrap

**Thursday Meatball Sub** \$5.50 E meatballs topped with sauce and cheese

**Friday Beef Burger** \$5.50 E  
Homemade beef pattie with lettuce, cheese & tomato

## DRINKS

Bottled Water 600ml	\$2.00 E
Fruit juice	\$2.50 E
Flavoured milk	\$3.00 E
Up & Go	\$3.50 E
Milo (Hot or Cold)	\$2.00 E

## SNACKS

Rice cracker (1)	\$0.10 E
HM Cocoa slice/Apricot slice (1)	\$0.20 E
Home-baked Muffin	\$1.00 .
Fresh fruit (seasonal)	\$1.50 E
HM Dehydrated fruit	\$1.50 E
Vege sticks with hummus dip	\$1.50 E
Fresh yoghurt	\$1.00 E
Custard tub	\$1.00 E
Popcorn	\$2.00 .
Chips	\$2.00 .

## FROZEN SNACKS

Wonky stick	\$1.00 E
Quelch Stick	\$1.00 E
Juicies Pouch	\$2.00 E
Frozen juice cup	\$2.00 E
Mony	\$2.00 /E
Snap Stick	\$2.00 /E
Juicies Tube	\$2.00 E
Twisted Frozen yoghurt	\$2.50 .

Birthday Bucket \$16.00 E