



Excursion Information & Consent Form

Name of Excursion: Cross Country Carnival (2-6) & Fun Run (K-6)		Curriculum Area: Sport
Class: Kindergarten - Year 6		
Venue: Rex Jackson Oval, Helensburgh		Time: 9.30 am onwards
<p>Excursion Information: Our annual Cross Country carnival has had to be POSTPONED DUE TO THE WEATHER. It will be held in Week 1, Term 2, combined with our School Fun Run. Students in K-2 will be participating in the Fun Run activities from 10-11am in the middle of Rex Jackson Oval. During this time, the Cross Country will begin for students in years 3-6 and students in year 2 who are turning 8 this year. After their Cross Country event, these students will participate in the Fun Run Activities and students in K-2 will return to school.</p> <p>There will be no early sign outs. If students have an appointment they need to be signed out at the office.</p> <p>Parents and carers are able to attend as spectators at our Cross Country & Fun Run. Spectators can sit in a designated area (the seated area at Rex Jackson Oval). Physical distancing will be required. We will have a COVID safety marshall to enforce physical distancing and parents/carers must remain in designated area of venue and not cross into the section where students are racing/participating in activities.</p> <p>Students are to stay home if they are unwell or showing cold & flu symptoms.</p>		
Excursion Date: Friday, 29 April 2022	Cost: Nil	Due Date: 8 April 2022
Back up date: Monday, 2 May 2022		
Travel: Students will be walked to Rex Jackson Oval under teacher supervision.		
Clothing: A white shirt, running shorts and appropriate running shoes. Please note: this white shirt may get wet/colour on it during the Fun Run activities. It is recommended that your child bring a change of clothes.		
Required to bring: water, fruit break, lunch, sunscreen and school hat. There will be no canteen food available. Students are encouraged to bring extra water and something to sit on.		
Staff attending & supervising excursion: Class Teachers		

Helensburgh Public School Excursion - Permission Note

Name of Excursion: Cross Country Carnival (2-6) & Fun Run (K-6)		
I give permission for my child:		of class:
to participate in: Cross Country Carnival (2-6) & Fun Run (K-6) at Rex Jackson Oval		
Date: Friday, 29 April 2022	Back up date: Monday, 2 May 2022	Cost: Nil
I understand my child will be under the supervision of: Class Teachers		
Travel: Students will be walked to Rex Jackson Oval under teacher supervision from 9.30 am onwards and return to school before the end of the day.		
Medical conditions that the school need to be aware of:		
Parent/Carer signature:		Date:
Please return the completed consent form with your signature to school by: 8 April 2022		



HELENSBURGH PUBLIC SCHOOL

11 Fletcher Street, Helensburgh, NSW 2508

T 4294 1332 F 4294 3676

Email: helensburg-p.school@det.nsw.edu.au

HELENSBURGH PUBLIC SCHOOL

Cross Country Running Order

10.00	Girls 8/9 years 2000 metres Boys 8/9 years – 2000 metres (staggered start)
TBA	Girls 10 years – 2000 metres Boys 10 years – 2000 metres
TBA	Girls 11 years – 3000 metres Boys 11 years – 3000 metres
TBA	Girls 12/13 years – 3000 metres Boys 12/13 years – 3000 metres

School Fun Run Running Order

10.30	K-2 Fun Run
11.30	Stage 2 Fun Run
12.30	Stage 3 Fun Run
1.00	Slime Mr Neild and Teachers

*Times may vary slightly depending on cross country finishing times.